



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Lünser, Christian

Club: BSG Steigerwald Egstedt
Number: 545

Course: 18.50 km
Lange Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:38:54

Speed: 10.92 km/h
Running performance: 5:21 min/km

Rank in course/Total: 133 (of 189)

Rank in course/Men: 121 (of 155)

Best time in course: 1:04:57

Rank in category: 22(of 26)

Best time in the category: 1:05:30