



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Pahn, Ingrid

Club: Zahnpahn.de
Number: 348

Course: 18.50 km
Lange Strecke

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:39:50

Speed: 10.82 km/h
Running performance: 5:24 min/km

Rank in course/Total: 136 (of 189)

Rank in course/Women: 14 (of 34)

Best time in course: 1:15:42

Rank in category: 4(of 7)

Best time in the category: 1:26:14