



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Bohnebuck, Ulf

Club: Alteburglaufftreff Arnstadt
Number: 357

Course: 18.50 km
Lange Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:40:10

Speed: 10.78 km/h
Running performance: 5:25 min/km

Rank in course/Total: 138 (of 189)

Rank in course/Men: 124 (of 155)

Best time in course: 1:04:57

Rank in category: 18(of 22)

Best time in the category: 1:11:57