



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Oppenhäuser, Andreas

Club: Nordhausen
Number: 420

Course: 18.50 km
Lange Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:40:52

Speed: 10.71 km/h
Running performance: 5:27 min/km

Rank in course/Total: 142 (of 189)

Rank in course/Men: 126 (of 155)

Best time in course: 1:04:57

Rank in category: 19(of 22)

Best time in the category: 1:11:57