



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Lemm, Jana

Club: Laufendes Projekt  
Number: 408

Course: 18.50 km  
Lange Strecke

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:46:00

Speed: 10.19 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 164 (of 189)

Rank in course/Women: 23 (of 34)

Best time in course: 1:15:42

Rank in category: 4(of 4)

Best time in the category: 1:15:42