



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Busch, Carsten

Club: codematix runners  
Number: 16

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M45 (45-49 Jahre)

Total time: 42:52

Speed: 12.60 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 47 (of 258)

Rank in course/Men: 43 (of 175)

Best time in course: 29:37

Rank in category: 9(of 30)

Best time in the category: 37:48