



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Abendroth, Andrea

Club: Ultrarunner-Team.de
Number: 503

Course: 18.50 km
Lange Strecke

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:46:31

Speed: 10.14 km/h
Running performance: 5:46 min/km

Rank in course/Total: 169 (of 189)

Rank in course/Women: 25 (of 34)

Best time in course: 1:15:42

Rank in category: 5(of 5)

Best time in the category: 1:30:30