



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Käppler, Gerd

Club: SV Normania
Number: 498

Course: 18.50 km
Lange Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:46:34

Speed: 10.13 km/h
Running performance: 5:46 min/km

Rank in course/Total: 170 (of 189)

Rank in course/Men: 145 (of 155)

Best time in course: 1:04:57

Rank in category: 9(of 10)

Best time in the category: 1:30:52