



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Hopf, Jochen

Club: Inas Laufftreff
Number: 521

Course: 18.50 km
Lange Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:47:43

Speed: 10.03 km/h
Running performance: 5:49 min/km

Rank in course/Total: 173 (of 189)

Rank in course/Men: 148 (of 155)

Best time in course: 1:04:57

Rank in category: 10(of 10)

Best time in the category: 1:30:52