



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt
Number: 107

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 43:53

Speed: 12.31 km/h
Running performance: 4:43 min/km

Rank in course/Total: 58 (of 258)

Rank in course/Men: 51 (of 175)

Best time in course: 29:37

Rank in category: 10(of 30)

Best time in the category: 37:48