



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Singer, Jens

Club: Jena

Number: 111

Course: 9.30 km

Kurze Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 44:21

Speed: 12.18 km/h

Running performance: 4:46 min/km

Rank in course/Total: 60 (of 258)

Rank in course/Men: 54 (of 175)

Best time in course: 29:37

Rank in category: 8(of 24)

Best time in the category: 39:56