



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Macalla, Michael

Club: Rudolstadt
Number: 68

Course: 9.30 km
Kurze Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 45:31

Speed: 11.86 km/h
Running performance: 4:53 min/km

Rank in course/Total: 70 (of 258)

Rank in course/Men: 62 (of 175)

Best time in course: 29:37

Rank in category: 10(of 24)

Best time in the category: 39:56