



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Schalk, Udo

Club: Dream Team Ilmenau  
Number: 228

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M55 (55-59 Jahre)

Total time: 46:07

Speed: 11.71 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 75 (of 258)

Rank in course/Men: 67 (of 175)

Best time in course: 29:37

Rank in category: 5(of 14)

Best time in the category: 35:16