



14. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2016

Detailed evaluation

Beume, Christoph

Club: ASC Marathon Friedberg
Number: 580

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer (20-29 Jahre)

Total time: 1:08:20

Speed: 14.05 km/h
Running performance: 4:16 min/km

Rank in course/Total: 3 (of 53)

Rank in course/Men: 3 (of 42)

Best time in course: 1:05:01

Rank in category: 1(of 4)

Best time in the category: 1:08:20