



## 14. Kanonenbahnlauf

Lengenfeld unterm Stein / 25.06.2016

### Detailed evaluation

**Bachmann, Sylvio**

Club: LAC Eichsfeld

Number: 576

Course: 16.00 km

Kanonenbahnlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:18:41

Speed: 12.20 km/h

Running performance: 4:55 min/km

Rank in course/Total: 13 (of 53)

Rank in course/Men: 13 (of 42)

Best time in course: 1:05:01

Rank in category: 4(of 4)

Best time in the category: 1:10:14