



14. Kanonenbahnlauf  
Lengenfeld unterm Stein / 25.06.2016

Detailed evaluation

Maulhardt, Guido

Club: Montagsmaler  
Number: 563

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:32:54

Speed: 10.33 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 30 (of 53)

Rank in course/Men: 29 (of 42)

Best time in course: 1:05:01

Rank in category: 7(of 10)

Best time in the category: 1:13:56