



14. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2016

Detailed evaluation

Henning, Jürgen

Club: Spygg Faulungen
Number: 577

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:34:05

Speed: 10.20 km/h
Running performance: 5:53 min/km

Rank in course/Total: 31 (of 53)

Rank in course/Men: 30 (of 42)

Best time in course: 1:05:01

Rank in category: 4(of 4)

Best time in the category: 1:15:48