



14. Kanonenbahnlauf  
Lengenfeld unterm Stein / 25.06.2016

Detailed evaluation

**Seise, Andreas**

Club: SV 1899 Mühlhausen  
Number: 575

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:37:42

Speed: 9.83 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 35 (of 53)

Rank in course/Men: 33 (of 42)

Best time in course: 1:05:01

Rank in category: 9(of 10)

Best time in the category: 1:13:56