



14. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2016

Detailed evaluation

Apel, Michaela

Club: Leinefelde
Number: 574

Course: 16.00 km
Kanonenbahnlauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:39:01

Speed: 9.70 km/h
Running performance: 6:11 min/km

Rank in course/Total: 37 (of 53)
Rank in course/Women: 4 (of 11)
Best time in course: 1:24:54

Rank in category: 1(of 2)
Best time in the category: 1:39:01