



14. Kanonenbahnlauf  
Lengenfeld unterm Stein / 25.06.2016

Detailed evaluation

Friedrichs, Brigitte

Club: Lauflife Göttingen  
Number: 521

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:50:28

Speed: 8.69 km/h  
Running performance: 6:54 min/km

Rank in course/Total: 47 (of 53)  
Rank in course/Women: 10 (of 11)  
Best time in course: 1:24:54

Rank in category: 4(of 4)  
Best time in the category: 1:35:25