



14. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2016

Detailed evaluation

Nowinski, Carsten

Club: Lengenfeld unterm Stein
Number: 569

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer (20-29 Jahre)

Total time: 1:50:30

Speed: 8.69 km/h
Running performance: 6:55 min/km

Rank in course/Total: 48 (of 53)

Rank in course/Men: 38 (of 42)

Best time in course: 1:05:01

Rank in category: 4(of 4)

Best time in the category: 1:08:20