



14. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2016

Detailed evaluation

Teupel, Stephan

Club: Team Eichsfeld / LAC
Number: 548

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 28:22

Speed: 14.81 km/h
Running performance: 4:03 min/km

Rank in course/Total: 9 (of 52)

Rank in course/Men: 9 (of 38)

Best time in course: 24:19

Rank in category: 1(of 4)

Best time in the category: 28:22