



14. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2016

Detailed evaluation

Heddergott, Matthias

Club: Worbis

Number: 537

Course: 7.00 km

Kleiner Kanonenbahnlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 31:08

Speed: 13.49 km/h

Running performance: 4:27 min/km

Rank in course/Total: 18 (of 52)

Rank in course/Men: 16 (of 38)

Best time in course: 24:19

Rank in category: 3(of 6)

Best time in the category: 26:35