



14. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2016

Detailed evaluation

Rudolph, Astrid

Club: SV 1899 Mühlhausen
Number: 546

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 37:47

Speed: 11.12 km/h
Running performance: 5:24 min/km

Rank in course/Total: 41 (of 52)
Rank in course/Women: 9 (of 14)
Best time in course: 30:41

Rank in category: 2(of 2)
Best time in the category: 34:02