



14. Kanonenbahnlauf  
Lengenfeld unterm Stein / 25.06.2016

Detailed evaluation

Schäfer, Nicole

Club: Geismar  
Number: 687

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 39:34

Speed: 10.61 km/h  
Running performance: 5:39 min/km

Rank in course/Total: 46 (of 52)  
Rank in course/Women: 11 (of 14)  
Best time in course: 30:41

Rank in category: 1(of 1)  
Best time in the category: 39:34