



14. Kanonenbahnlauf
Lengenfeld unterm Stein / 25.06.2016

Detailed evaluation

Ruhland, Gabriele

Club: Lengenfeld unterm Stein
Number: 590

Course: 7.00 km
Walking/ Nordic Walking

Category:
Damen

Total time: 56:04

Speed: 7.49 km/h
Running performance: 8:01 min/km

Rank in course/Total: 5 (of 7)

Rank in course/Women: 3 (of 6)

Best time in course: 53:39

Rank in category: 3(of 6)

Best time in the category: 53:39