



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

Grolik, Björn

Club: Bad Vilbel

Number: 2709

Course: 10.00 km

10 km - Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 50:24

Speed: 11.90 km/h

Running performance: 5:02 min/km

Rank in course/Total: 50 (of 157)

Rank in course/Men: 43 (of 114)

Best time in course: 33:33

Rank in category: 7(of 15)

Best time in the category: 37:29