



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

Erbes, Alexandra

Club: Bad Vilbel

Number: 2681

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 54:54

Speed: 10.93 km/h

Running performance: 5:29 min/km

Rank in course/Total: 85 (of 157)

Rank in course/Women: 16 (of 43)

Best time in course: 38:47

Rank in category: 3(of 9)

Best time in the category: 50:26