



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

**Böing, Elisabeth**

Club: Karbener Sportverein  
Number: 1575

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 55:12

Speed: 10.87 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 87 (of 157)  
Rank in course/Women: 17 (of 43)  
Best time in course: 38:47

Rank in category: 2(of 5)  
Best time in the category: 54:52