



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Meder, Walter

Club: VLG Niedersteinbach
Number: 2718

Course: 10.00 km
10 km - Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 57:28

Speed: 10.44 km/h

Running performance: 5:45 min/km

Rank in course/Total: 98 (of 157)

Rank in course/Men: 77 (of 114)

Best time in course: 33:33

Rank in category: 7(of 11)

Best time in the category: 43:37