



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

Waack, Frederic

Club: Frankfurt am Main  
Number: 1356

Course: 5.40 km  
Jedermannlauf

Category:  
Männer

Total time: 27:51

Speed: 10.77 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 16 (of 56)

Rank in course/Men: 13 (of 31)

Best time in course: 19:06

Rank in category: 13(of 31)

Best time in the category: 19:06