



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Grothe, Hans

Club: Bio Runner Rhein-Main
Number: 2603

Course: 10.00 km
10 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:00:18

Speed: 9.95 km/h
Running performance: 6:02 min/km

Rank in course/Total: 118 (of 157)

Rank in course/Men: 91 (of 114)

Best time in course: 33:33

Rank in category: 4(of 5)

Best time in the category: 44:43