



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

**Ikemori, Rafael**

Club: Poderoso Timao  
Number: 2611

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:05:38

Speed: 9.14 km/h  
Running performance: 6:34 min/km

Rank in course/Total: 145 (of 157)

Rank in course/Men: 106 (of 114)

Best time in course: 33:33

Rank in category: 15(of 16)

Best time in the category: 33:33