



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

Schäfer, Matthias

Club: Karben  
Number: 2650

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:07:15

Speed: 8.92 km/h  
Running performance: 6:43 min/km

Rank in course/Total: 148 (of 157)

Rank in course/Men: 107 (of 114)

Best time in course: 33:33

Rank in category: 11(of 11)

Best time in the category: 43:37