



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Seydel, Gerd

Club: -

Number: 2658

Course: 10.00 km

10 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:07:51

Speed: 8.84 km/h

Running performance: 6:47 min/km

Rank in course/Total: 150 (of 157)

Rank in course/Men: 109 (of 114)

Best time in course: 33:33

Rank in category: 14(of 15)

Best time in the category: 39:36