



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Räder, Martin

Club: Ehringshausen

Number: 2734

Course: 10.00 km

10 km - Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:07:55

Speed: 8.83 km/h

Running performance: 6:47 min/km

Rank in course/Total: 152 (of 157)

Rank in course/Men: 110 (of 114)

Best time in course: 33:33

Rank in category: 16(of 16)

Best time in the category: 33:33