



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Arndt, Corinna-Fisun

Club: TSG Leihgestern/TEA

Number: 1508

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:09:34

Speed: 8.62 km/h

Running performance: 6:58 min/km

Rank in course/Total: 154 (of 157)

Rank in course/Women: 43 (of 43)

Best time in course: 38:47

Rank in category: 4(of 4)

Best time in the category: 44:21