



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Mougnon, Christophe

Club: Ingelheim

Number: 2088

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:26:28

Speed: 14.57 km/h

Running performance: 4:06 min/km

Rank in course/Total: 4 (of 131)

Rank in course/Men: 4 (of 102)

Best time in course: 1:20:50

Rank in category: 2(of 17)

Best time in the category: 1:23:21