



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Metzler, Thomas

Club: Schöneck

Number: 2362

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:36:56

Speed: 13.00 km/h

Running performance: 4:35 min/km

Rank in course/Total: 21 (of 131)

Rank in course/Men: 21 (of 102)

Best time in course: 1:20:50

Rank in category: 5(of 17)

Best time in the category: 1:23:21