



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Kapahnke, Bodo

Number: 2078

Course: 21.10 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:38:09

Speed: 12.90 km/h

Running performance: 4:39 min/km

Rank in course/Total: 27 (of 131)

Rank in course/Men: 27 (of 102)

Best time in course: 1:20:50

Rank in category: 6(of 16)

Best time in the category: 1:33:31