



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Trautmann, Heiko

Club: Pünktchen Tunner
Number: 2060

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:40:08

Speed: 12.64 km/h
Running performance: 4:45 min/km

Rank in course/Total: 34 (of 131)

Rank in course/Men: 32 (of 102)

Best time in course: 1:20:50

Rank in category: 6(of 17)

Best time in the category: 1:23:21