



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Arndt, Alexander

Club: TSG Leihgestern/TEA

Number: 2216

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:43:44

Speed: 12.15 km/h

Running performance: 4:55 min/km

Rank in course/Total: 41 (of 131)

Rank in course/Men: 39 (of 102)

Best time in course: 1:20:50

Rank in category: 7(of 17)

Best time in the category: 1:23:21