



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

Zastrow, Marc

Club: FVV

Number: 2379

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:53:37

Speed: 11.09 km/h

Running performance: 5:23 min/km

Rank in course/Total: 74 (of 131)

Rank in course/Men: 63 (of 102)

Best time in course: 1:20:50

Rank in category: 10(of 11)

Best time in the category: 1:20:50