



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

Rudolph, Bernd

Club: Frankfurt  
Number: 2049

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:03:49

Speed: 10.22 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 105 (of 131)

Rank in course/Men: 82 (of 102)

Best time in course: 1:20:50

Rank in category: 15(of 17)

Best time in the category: 1:23:21