



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

Langhammer, Gerd

Club: Werner Sobek Sport  
Number: 2369

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:20:40

Speed: 9.00 km/h  
Running performance: 6:40 min/km

Rank in course/Total: 123 (of 131)

Rank in course/Men: 95 (of 102)

Best time in course: 1:20:50

Rank in category: 11(of 12)

Best time in the category: 1:22:16