



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

Heil, Konstantin

Club: Karben  
Number: 2722

Course: 10.00 km  
10 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 38:17

Speed: 15.67 km/h  
Running performance: 3:50 min/km

Rank in course/Total: 4 (of 157)

Rank in course/Men: 4 (of 114)

Best time in course: 33:33

Rank in category: 1(of 8)

Best time in the category: 38:17