



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

Holst, Tine

Club: Eintracht Triathlon  
Number: 2710

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 38:47

Speed: 15.47 km/h  
Running performance: 3:53 min/km

Rank in course/Total: 5 (of 157)  
Rank in course/Women: 1 (of 43)  
Best time in course: 38:47

Rank in category: 1(of 5)  
Best time in the category: 38:47