



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Ahmadi, Mahammad

Club: Nidderau
Number: 2705

Course: 10.00 km
10 km - Lauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 43:34

Speed: 13.77 km/h
Running performance: 4:22 min/km

Rank in course/Total: 13 (of 157)

Rank in course/Men: 10 (of 114)

Best time in course: 33:33

Rank in category: 2(of 3)

Best time in the category: 33:59