



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Turek, Jacek

Club: Perfect Nails

Number: 2665

Course: 10.00 km

10 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 44:39

Speed: 13.44 km/h

Running performance: 4:28 min/km

Rank in course/Total: 19 (of 157)

Rank in course/Men: 15 (of 114)

Best time in course: 33:33

Rank in category: 2(of 15)

Best time in the category: 39:36