



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

Schraub, Fridbald

Club: TV Ober-Mörlen  
Number: 2654

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 44:43

Speed: 13.42 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 20 (of 157)

Rank in course/Men: 16 (of 114)

Best time in course: 33:33

Rank in category: 1(of 5)

Best time in the category: 44:43